



OPERATION SAFE HARBOR
TRAINING CATALOGUE





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Operation safe harbor

At Controlled F.O.R.C.E. our mission is to improve the safety of every person working to protect the security of this Nation and its future. We accomplish this by instilling the knowledge and skills needed to operate with control and confidence, so that our communities will adapt to the dynamic challenges we face.

We service a variety of agencies in the Law Enforcement, Military, Security, Medical, and Education sectors. As a company, we are honored to craft and provide essential training to our Nation's protectors around the world. Our expertise lies in specializing and customizing unique methods that integrate into existing programs or developing curriculum to aid our client's objectives. It is this expertise that we have implemented into the execution of Operation Safe Harbor.

Operation Safe Harbor is an effort led by Controlled F.O.R.C.E. which leverages our existing infrastructure and vast partner network, to collectively engage schools, school districts, and school communities with a comprehensive approach to safety. The aim is to build a culture of safety that positively impacts the students, faculty, and staff members. We accomplish this through training, development, engagement, and balancing of security principles and the educational environment.

Methodology

In applying a comprehensive method to review and improve school safety and the functions that support it, we begin with a site summary. The site summary is a survey of the physical security posture of the facility. This diverges from traditional methods which begin with threat assessments. We believe that most schools have adequate safeguards, and our aim is to evaluate and penetrate those safeguards to identify vulnerabilities and opportunities for improvement.



We couple the site summary with the action items listed below to build a culture of safety. The action items, individually, appear as standalone items to complete. When applied through our practice which incorporates procedural elements, the individual items are seen as compounding and culminate in application. These items are delivered in a manner that provides a voice to the intended audience, generates ownership and accountability, and begins the process of maturing a culture within the community that is inclusive of safety.

The motivation behind this idea is to recognize that as a community we must focus efforts on prevention rather than being solely focused on response. We must have an integrated approach towards this effort that allows for schools to capture both a secure, safe environment and a comfortable educational atmosphere.

Key action items

Key Action #1



Training for Students & Parents: Controlled F.O.R.C.E. Active threat Situational Awareness and Reaction Strategies is a commentary discussion-based training segment with a sanitized presentation that would be sensitive to the student population. The aim is to provide details to the students and parents along with basic strategies that they can employ in the event of an active threat. Our intent would be to engage in discussion with the students to build confidence and instill a culture of safety that empowers them to be a voice in the school environment.

Training for Faculty & Staff members: Controlled F.O.R.C.E. A(t)SARS program, Situational Awareness and De-escalation. These presentations would provide commentary discussion-based training with realistic exercises ingrained into the segment. Using videos, practical exercises, and case studies we will provide a framework for faculty members to be better prepared to respond to a variety of school safety concerns. Our aim is to collaborate with staff members to build upon a culture of safety ideas and provide them with action strategies that can be employed to minimize incidents in the classroom and on the campus.

Key Action #2



Key Action #3



Security Officer support is an integral part of establishing a culture of safety. Well trained, professional, and experienced security personnel aid in keeping the standards set by the development program. Further, the security officer can be an on-site, informed, and capable asset to mitigate threats either real or perceived to the school community. Using existing infrastructure and physical security enhancements, the security officer can maintain a safety focus on the structure, students, and staff.

Training for Law Enforcement / Armed Security personnel: Controlled F.O.R.C.E. CRATE (Critical Response to Active Threat Environments) Program. We developed the CRATE Course with a single primary objective: To prepare law enforcement and security personnel for response to an active threat environment. This is accomplished by building continuity in defensive tactics, response tactics, and small team integrity. The training segment supports increased intensity and proficiency with hard and realistic training. By designing the course with an emphasis on skillset development, personnel are readily capable of responding to a variety of incidents fully equipped with the ability to adapt and scale to the environment.

Key Action #4



INITIAL IMPLEMENTATION OF the Safe Harbor Plan

Under the leadership of the Superintendent and the Chief of Police, the Southside Independent School District in San Antonio, Texas began security officer services with Controlled F.O.R.C.E. within three days following the Robb Elementary School shooting in Uvalde TX. What began as a short term, immediate reaction to that event has expanded into execution of the Operation Safe Harbor plan. Working with the District's procurement team, police department and superintendent, we have provided security officer service to the schools, planned a large scale and district wide training exercise, and began execution on the site summary process.

- May 24, 2022, at 1327 CDT | Uvalde School Shooting Incident
- May 26, 2022, at 0800 CDT | Controlled F.O.R.C.E. initiates security services at Southside ISD
- Security Service provided at eight (8) school locations through the end of the school term. Security services continue through summer school programs at four (4) locations.
- July 18 – 22, 2022 Controlled F.O.R.C.E. WAS on site to execute Operation Safe Harbor training to all audiences.

Conclusion

The intent of this operation is to strengthen the security of our educational institutions, but more importantly the safety of students and faculty. Therefore, we must identify takeaways to ensure those we serve receive the greatest benefits. Below are three key takeaways that will solidify the success of operation safe harbor.



Key Takeaways

- Key Takeaway 1:

There is a significant need to reshape the mindset of educators and students to understand their environment. This creates force multipliers in deterring, detecting, and defeating potential threats.

- Key takeaway 2:

The increase and upgrade in training of police and security officers will contribute significantly to the elimination of threats. Elimination consists at all levels of deterring, detecting, and defeating potential threats.

- Key takeaway 3:

Involving parents in the education efforts of this operation will not only increase responsible citizenship but will create additional layers of eliminating threats. As mentioned in the first two takeaways, this contributes to the concepts of deterring, detecting, and defeating potential threats.

Description of training programs

ATSARS DESCRIPTION

This course will address the current climate of Active Attacker incidents and steps that can be taken to prevent and mitigate incidents leading up to an attack. The course is broken into three specific blocks of training streamlining the training for the novice student:

1. **How To:** Identify & Act on Potential Threats (Workplace Violence/Active Threats)
Indicators of Workplace violence and/or Active Threats / Workplace Violence /
Bystander intervention methods / Reporting strategies
2. **What If:** Reaction Strategies (Work Center Awareness) / Entrances/Exits / Safe Areas
Potential Defensive Tools
3. **When It Occurs:** Reaction Strategies / Clear / Conceal / Counter

DE-ESCALATION DESCRIPTION

The De-Escalation Training has been designed with streamlined specifications encouraging the course participant to critically think and constantly reevaluate the circumstances that have contributed to incidents of crisis, disruption, or unacceptable behaviors.

Communication is constant in most fields relating to security, medical, financial, and academic institutions. 90% of communication is comprised of non-verbal communication, however this course will focus on the remaining 10%. This course will focus on what is being said and why, and how we can professionally manage subjects ranging from non-verbal to verbally adverse subjects.

Upon completion the course of instruction, the participant will be better prepared to mitigate and manage incidents with the de-escalation skills and techniques, leading to accurately assess potentially violent confrontations and, when feasible, defuse them to avoid incidents leading to injury of staff or students and legal liabilities.

SITUATIONAL AWARENESS DESCRIPTION

This course has been designed to provide students with the skills to be cognizant of their surroundings from both a physical and mental perspective. Students will learn to recognize the signs and indicators of potential and immediate threats while remaining calm and alert.

In addition, participants will learn to become aware of their physiological reactions during stressful situations, and how to effectively navigate and manage their reactions and mindset during a potentially critical situation.

At the completion of this course, attendees will understand the difference between awareness and paranoia, and they will learn to process observations, identify potential and actual threats and channel instincts. Ultimately, the participants will become positive actors instead of bystanders or victims during unsafe or critical incidents.

MACH DESCRIPTION

Controlled F.O.R.C.E. has refined a system of five control holds that utilize joint manipulation and gross motor skills. Known as Mechanical Advantage Control Holds™ (M.A.C.H), this system teaches personnel how to control a non-compliant subject utilizing body positioning, movement, momentum, and joint manipulation. It also provides a user-friendly foundation from which other training can be built upon or integrated with. This course is packaged in compounding drill format to give the student high repetitions so they can immediately recall these skills when they are needed the most.

The MACH system is proven to be medically, technically and legally acceptable, and greatly reduces the risk of injury to staff / officers and to the subjects they encounter, protecting organizations from liability and worker compensation costs.

MEDICAL TRAINING DESCRIPTION

Controlled FORCE Medical Courses teach the student skills that when properly implemented, will decrease preventable loss of life. Courses range from CPR / AED and Basic First Aid certifications to TECC (Tactical Emergency Casualty Care) training. The CPR / AED and Basic First Aid courses are geared toward civilian personnel in need of certifications for their profession (schoolteachers, office staff, etc.) and can be completed in one day.

The TECC course has been developed for law enforcement and security personnel who may be involved in an Active Threat situation. This course teaches students how to immediately assess and treat traumatic injuries to include gunshot wounds and provide basic care to stabilize the victim and stop the loss of blood. Course topics include Hemorrhage control through use of tourniquets and wound packing, MARCHE assessment and Victim Transportation Techniques (Carries and Drags)

CRATE COURSE DESCRIPTION

The CRATE (Critical Response to an Active Threat Environment) Course is designed for the immediate critical response by law enforcement / security personnel to ongoing Active Threats and how to prevent further death and/or injuries of innocent people.

The training approach follows an aggressive, yet calculated methodology to effectively and rapidly approach, enter and clear a facility in order to locate, engage, and mitigate the threat.

Students will learn techniques and maneuvers to identify friendly personnel from potential targets, team communication, clearing and holding hallways, rooms, and stairwells, and maintaining three hundred sixty degrees of coverage for the response team.

SERVICES AND PRICING STRUCTURE

PROGRAM	DESCRIPTION	AUDIENCE	PRICE
ATSARS	Active Shooter Awareness	School Faculty / staff ISD Police / Security	Per Student \$250.00
De-Escalation	Communication Skills	School Faculty / staff ISD Police / Security	Per Student \$175.00
Situational Awareness	Observation Skills	School Faculty / staff ISD Police / Security	Per Student \$100.00
Subject Control (MACH)	Subject Control Techniques	ISD Police / Security	Per Student \$675.00
CRATE Course	Security / Law Enforcement Active Shooter Response	ISD Police / Security	Per Student \$870.00
Tactical Medicine	Security / Law Enforcement Medical Training	School Faculty / staff ISD Police / Security	Per Student \$150.00
CPR / BLS / AED	Faculty / Staff / Civilian Medical Certification	School Faculty / staff ISD Police / Security	Per Student \$100.00
Security Services	Unarmed / Armed Security	District-wide Individual Schools	\$20.00 To \$35.00 Per Hour
Security Call-out	Emergency Security Services	District-wide Individual Schools	\$75.00 To \$150.00 Per Hour
Security Survey	Building and Facility Safety Survey	District-wide Individual Schools	TBD on Facility Size (SQ FT)
Security Assessment	Building and Facility Physical Security Assessment	District-wide	TBD on Facility Size (SQ FT)

		Individual Schools	
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consultants AND qualifications

INSTRUCTOR	TITLE	SERVICE EXP.	SERVICE TYPE
Aaron Murauskas	Senior Instructor Program Manager	20	Curriculum Development, Law Enforcement Operations, ATSARS, Emergency Action Planning, Security Assessments, Defensive Tactics (MACH Levels 1,2,3), Tactical Movement
Wayne Parker	Senior Instructor	25	Curriculum Development, Law Enforcement Operations, ATSARS, De-Escalation, Defensive Tactics (MACH Levels 1,2,3)
Bill Norvell	Senior Instructor	25	Tactical Operations, Room Clearing, Range Operations, Firearms, Defensive Tactics (MACH Levels 1,2,3)
Mike Costa	Senior Instructor	25	Security Operations, Security Assessments, Curriculum Development, Emergency Action Planning, De-Escalation, Defensive Tactics (MACH Levels 1,2,3)
Rob Sarra	Specialty Instructor	20	Curriculum Development, Law Enforcement Operations, De-Escalation, Situational Awareness, ATSARS, Range Operations, Firearms, Tactical Movement
Waysun Tsai	Specialty Instructor	30	Defensive Tactics (MACH Levels 1,2,3) ATSARS, Curriculum Development
Charles Loner	Program Manager Specialty Instructor	8	Curriculum Development, Emergency Management, ATSARS, Defensive Tactics (MACH Levels 1,2), BLS, CPR, AED, First Aid
Scott Sutherland	Specialty Instructor	2	Tactical Medicine, BLS, CPR, AED, Rescue Task Force