

## Level 3 - Response to Resistance Training for Juvenile Justice

Real-Life Application

Quick Memory Retention

Ethical Techniques

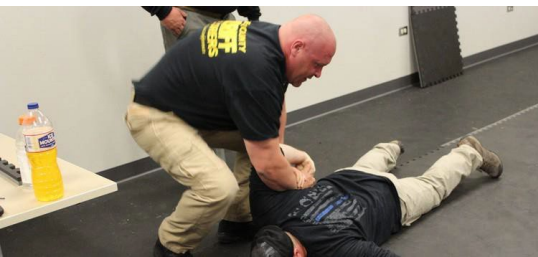
**Course Duration: 40 Hours Certification: Two-Year Departmental Instructor Certification**

### Course Overview

Controlled F.O.R.C.E.'s Juvenile Justice Response to Resistance Program provides youth-serving professionals with specialized verbal de-escalation and safe physical management techniques tailored specifically for juvenile populations.

By focusing on crisis prevention and the principles of Mechanical Advantage, the training empowers all staff—regardless of size or strength—to manage incidents confidently while minimizing injury risks and organizational liability. The curriculum emphasizes professional presence and team communication to foster a safe, structured environment in juvenile justice settings.

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| <ul style="list-style-type: none"> <li>• M.A.C.H.™ Holds</li> <li>• M.A.C.H.™ Mobility Reduction</li> <li>• M.A.C.H. 1-5 In Reverse</li> <li>• M.A.C.H. 6-10</li> <li>• M.A.C.H.™ Team Tactics / Team Communication / Verbal Commands</li> <li>• Verbal De-Escalation and Situational Awareness (4hr)</li> <li>• Body Positioning</li> <li>• Prevention of Positional Asphyxia &amp; Recovery Position</li> <li>• Edged Weapons Awareness and Defense</li> </ul> | <ul style="list-style-type: none"> <li>• Counter Measure Collar Ties Drills</li> <li>• Cell and/or Room Extraction Drills</li> <li>• Wall Drills and Confined Environment Drills</li> <li>• Breaking Up Two (2) Or More Residents</li> <li>• Escorting Residents</li> <li>• Multiple Attacker Defense</li> <li>• Instructor Development Throughout Course                     <ul style="list-style-type: none"> <li>○ Teach-Backs</li> <li>○ Application Drills</li> </ul> </li> <li>• Lead Hand Self-Defense Drills with Disruption</li> <li>• Ground Defense and Escapes</li> </ul> |
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TRAINING DATE & TIME		TRAINING LOCATION CONTACT		TRAINING LOCATION	
DATE:	May 11 – 15, 2026	POC:	Eric Skillings	DEPT	New Hampshire Division of Children, Youth and Families (NH DCYF)
TIME:	8am – 5pm	PHONE:	603) 665-8549	ADDRESS	1056 North River Road
		EMAIL:	Eric.j.skillings@dhhs.nh.gov	CITY / ST	Manchester, NH 03104

\*\*\*\*\*REQUIRED\*\*\*\*\*

#### Registration Contract

Controlled F.O.R.C.E.  
630-365-1700

[cf.info@controlledforce.com](mailto:cf.info@controlledforce.com)

\*\*\*\*\*MILITARY PERSONNEL\*\*\*\*\*

CALL 630-365-1700  
FOR CLARIFICATION OF  
ELIGIBILITY SIDEARM THAT FITS  
HOLSTER

COMFORTABLE CLOTHING,  
CLOSED TOE SHOES  
(OPTIONAL: TOWEL &  
WATER BOTTLE)

Print Clearly/Fill Out Completely



**REGISTRATION FORM**

			<b>E.C.L.</b>
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Fax Completed Registration To 630-365-1361

Last Name: _____ MI _____ First Name: _____	
Position/Rank: _____ Height: _____ Weight: _____ Age: _____ Gender: _____	
Department/Agency: _____ Division/Unit: _____	
Dept Mailing Address: _____ City: _____ State: _____ Zip: _____	
Work Phone:(_____) _____ Work Fax:(_____) _____	
Work E-Mail: _____ Mobile Phone:(_____) _____	
<b>E-MAIL ADDRESS IS REQUIRED</b>	
Departmental Training Coordinator/Name & Email: _____	
<b>ALL CERTIFICATES WILL BE SENT ELECTRONICALLY TO WORK E-MAIL ADDRESS UNLESS OTHERWISE SPECIFIED</b>	

**Please specify the location, state, and date of the course you will be attending.**

_____	_____	_____
Location	State	Date

<b>SELECT CERTIFICATION OPTIONS</b>			
<b>New Departmental Certification</b>		<b>Departmental Re-Certification</b>	
<input type="checkbox"/>	Level 1 Instructor Certification	\$695	<input type="checkbox"/> Level 1 Instructor Recertification \$595
<input type="checkbox"/>	Level 2 Instructor Certification	\$870	<input type="checkbox"/> Level 2 Instructor Recertification \$770
<input type="checkbox"/>	Level 3 Instructor Certification	\$1070	<input type="checkbox"/> Level 3 Instructor Recertification \$970

**\*\*Provide Student Number if You're Re-Certifying:**

SELECT PAYMENT OPTION: Your department will be invoiced upon receipt of the registration form.

Purchase Order: P.O. Number (if available) \_\_\_\_\_

Credit Card: PLEASE PROVIDE CREDIT CARD HOLDERS EMAIL FOR INVOICING

Check: Make Payable to Controlled F.O.R.C.E. @335 N. River St. Suite 200 Batavia, IL 60510

Enter tuition assistance reference # or savings code: \_\_\_\_\_

**THIS IS AN IN-PERSON TRAINING SEMINAR. NO REFUNDS WILL BE ISSUED FOR FAILURE TO ATTEND OR COMPLETE THE CLASS.**

Space can only be reserved upon receipt of registration. Certificates will only be issued when full payment is received.

Registrants who withdraw 15 business days or more before the first day of class will receive a full refund. Withdrawals made within 15 business days of the start date will receive a refund minus \$250 per course, per officer. Refunds are issued by check within 2-3 weeks. Withdrawals on the first day of class or no-shows are not refundable but may receive a full credit toward a future class.

# **IMPORTANT INFORMATION ABOUT THIS COURSE**

The Controlled F.O.R.C.E. ® Departmental Instructor Course develops skills for quickly and effectively transferring maximum amounts of close-range subject control content in short periods of time with high levels of retention.

## **Details:**

- Authorizes you to teach the program within your agency for a 2-Year Term
- Re-certification required at the end of the 2-Year Term (re-certification fees apply)
- Free Refresher Training is available throughout the 2-Year Term
- Includes access to an online e-manual that contains full course documentation

## **IMPORTANT INFORMATION REGARDING CERTIFICATES**

Upon completion of this course, certificate will be sent directly to your email.

Please allow 6-8 weeks for delivery of certificates after course materials are received and reviewed.

## **LEGAL SUPPORT**

Controlled F.O.R.C.E.® takes stringent measures to maintain the integrity of our system, remain viable in the ever-changing legal environment, and to adequately document our certification process. Our system is very recognizable, and we stand behind it 100%. Providing a Certified Departmental Instructor can demonstrate that they teach the system according to our lesson plan, and not beyond, there should never be a question as to the reasonableness of what was taught. As you know, there are too many variables as to how a system is applied in response to resistance situation for a company to guarantee that the techniques used will work as expected or be the appropriate response. However, Controlled F.O.R.C.E.® will gladly provide expert testimony should the techniques that we teach ever be questioned in a court of law.

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### **REQUIRED**

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**COMFORTABLE CLOTHING,  
CLOSED TOE SHOES (OPTIONAL:  
TOWEL & WATER BOTTLE)**

**All required Training Equipment  
is available by calling  
(630) 365-1700**



TRAINING | SECURITY | DEVELOPMENT

335 N. River St. Suite 200,  
Batavia, IL 60510

Phone: 630) 365-1700 Fax:

(630) 365-1361

Cf.Info@controlledforce.com